



WORK-SHOP SICILIA 2018 All people are welcome, it is conceived for all levels. From the 19th to the 26th of May 2018



The Golfo of Castellammare is situated in the north-west of Sicily – 20 minutes from the airport of Punta Raisi, Palermo and 40 minutes from the airport Birgi of Trapani. Castellammare del Golfo is a fishermen's village: we have the Sea, wonderful beaches and also the mountains... It's a perfect location!

This week we will study the full book of medieval songs "Llivre vermeil de Montserrat" a verv interesting collection of pilgrim's melodies to be sung and danced. We will practice every day towards a final performance but will also have time to get to know some wonderful places, eat traditional food and for local-wine tasting!

May is a beautiful time to visit the island, it's usually warm and full of flowers!

This week in Sicily is conceived as a cultural/artistic trips: to see, to listen, to get to know and to share.





We all sing differently but we can blend in resonance, harmony and rhythm. Our voices and bodies can connect us to ourselves and with others.

The workshop with Theresia and Soad will transport us to perceive the flavor of various cultures, exploring the group's vocal sonorities and dynamics. The use of the body dancing will be a wonderful experience of exploration and sharing!





## Day excursions:

The Greek sites in Sicily are testimony of a very refined culture, Segesta is a place which fascinates and enchants the spirit.

Erice is a very picturesque medieval town, on the top of a hill with an incredible view, that will take your breath away! This is the location for our final performance.

Palermo is a historical city, full of monumental sites. It's a magical place to visit – recognizing the different cultures which have lived here, leaving a heritage of richness and variety.

"Das Land wo die Zitronen Blühen" Sicily is full of lemons in May. Lemons – together with olive-oil and wine – is the base of the local agriculture richness. There are always celebrations around special dates with fantastic Mediterranean food! We will visit a lemon garden and eat the delicious local specialties.

After a week in Sicily – singing and dancing – we will all take home new experiences and emotions which music and this island always generously share!









## Theresia Bothe (Sicily/Mexico)

She specializes performing early music. She is fascinated by the sound of the human voice and loves working with choirs and people who want to sing. Her experience is very varied; she has worked in all sorts of contexts. She is also a composer with a strong sense for social justice.

## Soad Ibrahim (Italy/Egypt)

She specializes in gypsy and north-African dance. She is also a dance-therapist. She grew up between Italy, Greece and Egypt. She now lives in Palermo working mainly in dance projects related to social inclusion and the mother-child relationship world.



Price for the week with half pension: € 510.00 to € 595.00 (for details see Itinerary!)

For more information go to: <u>https://thbothe.jimdo.com/sicily-workshop-2018/</u>

To ask you questions and to register: write to us and we will send you the form!

Max. 30 - min. 15 participants.

Deadline: 15<sup>th</sup> of February 2018

## Organized by ARTE IN CREAZIONI Responsible: Luciano Formica

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