Sicily 2019

Olio di Vita II: from the 12th to the 19th of October









Theresia Bothe

Is a singer specialized in early music and songs of various historical periods. She is also a composer and a songwriter. She is known for the passion with which she creates music projects, working towards social inclusion and education. Her choir projects are appreciated for being lively and meaningful.

The workshop Olio di Vita in October 2018 was a great experience, we all enjoyed sining every day of the week, also while collecting olives and tasting good wine! At the final performance in Terrasini was a great success, we had an enthusiastic audience who loved the concert!

2019 offers a new revised version of the week, we sill sing in sometimes in the morning by the Sea, simple vocal exercises and circle songs. In the afternoon we will learn the repertoire for our final performance.

A morning will be dedicated to collecting olives, which is a very inspiring activity. Olive oil is essential to the mediterranean diet and it has always been related to traditions and song.

One of the half-day excursions will be to Cefalu, where we find one of the most remarkable mosaics of the eleventh Century. We will have lunch cooked by the participants of "Lavoriamo Cantando", which is an









Sicily has a rich tradition related to food and wine. This week we will be introduced to tasty and varied traditional dishes and local wines will be available every day.

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integration project related to mental health. We will also sing together some of their songs.

The music we will sing is a selection of so called Wold-Music, from Africa, USA, Ireland, Latina America, Sephardic, Italian, etc. we will also sing some of Theresia's songs, related to the moment of the performance.

We will be staying in Trappeto, a small village beside the Sea originally known for olive oil and fishing.

The cost and what is included you find in the Price-Blatt.

Theresia Bothe

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